22-23 NOV 2025 | MT CROSBY, BRISBANE, QLD

2026 AUSCYCLING MTB NATIONAL SERIES (XCO) - ROUND 1&2 TECHNICAL GUIDE







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Welcome

Welcome Message from Kenmore Cycling Club

We are Kenmore Cycle Club - western Brisbane`s mountain bike club with over 20 years history. We are brought together by our passion for riding bikes in the great outdoors, building a culture of community across all ages. From riding at local trail networks, to trail building and hosting races at Mount Crosby, from juniors and beginners to seasoned riders and racers, we are dedicated to making mountain biking a more accessible and inclusive sport, a fun activity everyone can enjoy with their family and friends.

Recently, we have been improving the existing trail network at Tyamolum Scout Camp in Mount Crosby. The new network provides a greater level of access to the trails for riders of all abilities, from beginner through to advanced. The race venue continues to be a favorite location for riders in the South-East Queensland region. We look forward to hosting riders from around Australia as they join us for Rounds 1 and 2 of the 2025/26 XCO National Series.

2026 Aus Cycling MTB National Series

The 2025 AusCycling Cyclo-Cross National Series will run from the last weekend in May to mid-August, finishing with a bang at the AusCycling Cyclo-Cross National Championships.

| Round 1 | Saturday 22 nd November | Mt Crosby, Brisbane, QLD | <u>Entries</u> |
|---------|------------------------------------|--------------------------------------|----------------|
| Round 2 | Sunday 23 rd November | Mt Crosby, Brisbane, QLD | <u>Entries</u> |
| Round 3 | Saturday 13 th December | La Larr Ba Gauwa Park, Harcourt, VIC | <u>Entries</u> |
| Round 4 | Sunday 14 th December | La Larr Ba Gauwa Park, Harcourt, VIC | Entries |
| Round 5 | Friday 27 th February | Mt Stromlo, Canberra, ACT | TBA |
| Round 6 | Saturday 28 th February | Mt Stromlo, Canberra, ACT | TBA |
| Round 7 | Sunday 1 st March | Mt Stromlo, Canberra, ACT | TBA |
| Round 8 | Sunday 8 th March | TBC, Brisbane, QLD | TBA |

Entry for all events will be managed through the Entry Boss Platform. Event opening times may vary, however you can view all the active events via the <u>central MTB National Series webpage</u>.





1.0 Event Information

1.1 Location, Dates & Entries

Rounds 1 and 2 of the 2025 National Series will take place at Tyamolum Scout Campsite, Bunya St, Mount Crosby, Queensland, 4306.

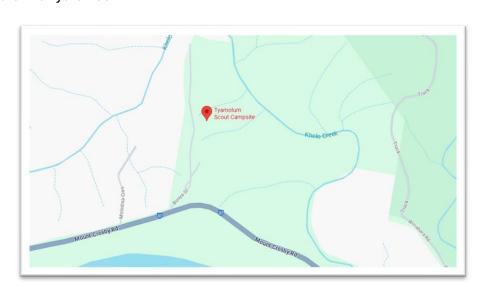
Tyamolum Scout Campsite is private property that is only open for riding during scheduled events. Please do not access the track network outside of official practice and race times. Main access to the trail network is via Gate 3 at the end of Bunya Street.

Round 1

Saturday 22nd of November 2025 Entries

Round 2

Sunday 23rd November 2025 Entries



1.2 Registration

Event registrations will be onsite in the event village. Registrations will be open at the following times:

- Friday 21st November 2025, 8:00am 4:00pm, Event Village
- Saturday 22nd November 2025, 7:00am 8:00am, Event Village
- Sunday 23rd November 2025, 7:00am 8:00am, Event Village

Riders will be issued with a race plate that needs to be securely attached to the riders' handlebars using the supplied zip ties. All riders must ensure that race plates are clearly visible to course officials and that the number is not obstructed.

Riders are not permitted on the course without a race plate. Coaches are asked to register at event registration before entering the course during official practice.

At the conclusion of the event, all competitors are asked to return their race plate to the registration tent to assist the club in reducing waste and reducing the costs of future events.





1.3 Event Contacts

Please see the listed persons below.

| Name | Position/Title | Phone | Email |
|---------------|---------------------------------------|--------------|----------------------------------|
| Mark Biggs | Event Manager/Race Director | 0422 237 366 | kenmorecycleclub@gmail.com |
| Lars Aarekol | Event Operations | 0487 335 364 | kenmorecycleclub@gmail.com |
| Robyn Biggs | Club Contact | 0421 070 600 | kenmorecycleclub@gmail.com |
| | PCP Commissiare | | |
| Jonas Good | Volunteer Manager | 0457 507 410 | kenmorecycleclub@gmail.com |
| Harry Fortune | Event Operations Manager (AusCycling) | | harry.fortune@auscyclling.org.au |

1.4 Race Village & Parking

The event village is located at the bottom of the concrete driveway accessed via Gate 3 at the end of Bunya Street, Mount Crosby. Access to event village is either by the stairs located behind the amenities block or via the concrete driveway.

Town water is available onsite. Bottled water will also be available for purchase throughout the weekend.

The race village will offer food and beverages, the podium presentation area, medical assistance, drinking fountains, toilets and the registration desk.

The unisex amenities block is located off Bunya Street within the campsite accessed from gate 2. Additional portable toilets will be located within the event village for the duration of the event.

Event Parking is available onsite via gates 2/3 and on Bunya Street (please respect the residents on Bunya Street and do not block driveways or access). Parking marshals will be onsite throughout the event, please park as directed by a marshal.

Spectator access to the trail network is from either end of the start finish straight. Access paths will be sign posted during the event.





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1.5 Schedule

Please see the event schedule below. Please note that this schedule may be subject to change prior to the event.

Friday 21st November 2025

| Time | Time Race | | Categories |
|-------|-----------|-----------------|------------|
| 8:00 | 16:00 | Rego Open | All |
| 9:00 | 11:30 | Course Practice | All |
| 12:30 | 15:00 | Course Practice | All |

Saturday 22nd November 2025

| Time | | Race | Estimated Race Time | Categories | | Catedories | | Laps |
|-------|-------|-----------|------------------------|---|--|------------|--|------|
| 7:00 | 8:00 | Rego Open | | | All | | | |
| 7:00 | 8:00 | Practice | | | All | | | |
| 8:00 | 10:00 | 2 | 1:00 – 1:30 | •U15 W •U17 W •U19 W •U23/Elite W •Expert W •Masters W 1 •Masters W 2 | Masters W 3 Masters W 4 Masters W 5 Masters W 6 Masters W 7 Masters W 8 | | | |
| 10:00 | 12:00 | 3 | 1:00 – 1:30 | • U15 M • U17 M • Expert M • Masters M 5 | Masters M 6Masters M 7Masters M 8 | | | |
| 12:00 | 14:00 | 4 | 1:00 – 1:30 | • U19 M • U23/Elite M • Masters M 1 | Masters M 2Masters M 3Masters M 4 | | | |
| 14:00 | 16:00 | 5 | 1:00 – 1:30 | • E-Bike M | • E-Bike W | | | |





Sunday 23rd November 2025

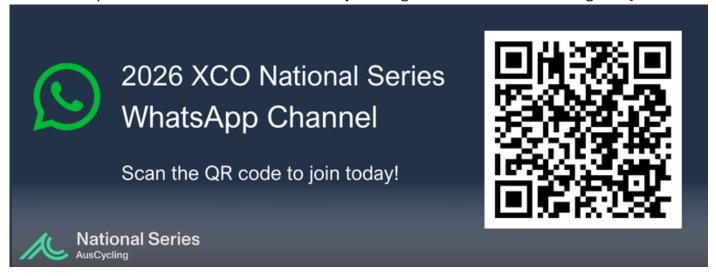
| Time |) | Race | Estimate d Race Time | Categories | | Laps |
|-----------|-------|-----------|----------------------------|--|--|------|
| 7:00 | 8:00 | Rego Open | | | All | |
| 7:00 | 8:00 | Practice | | | All | |
| 7:30 | 8:00 | 1 | 0:20 - 0:30 | • U11 M | • U11 W | |
| 8:00 | 9:00 | 2 | 0:30 - 0:45 | • U13 M | • U13 W | |
| 9:00 | 11:00 | 3 | 1:00 – 1:30 | U15 W U17 W U19 W U23/Elite W Expert W Masters W 1 Masters W 2 | Masters W 3 Masters W 4 Masters W 5 Masters W 6 Masters W 7 Masters W 8 | |
| 11:0 0 | 13:00 | 4 | 1:00 – 1:30 | U15 MU17 MExpert MMasters M 5 | Masters M 6Masters M 7Masters M 8 | |
| 13:0 0 | 15:00 | 5 | 1:00 – 1:30 | U19 MU23/Elite MMasters M 1 | Masters M 2Masters M 3Masters M 4 | |

^{*}Competition Schedule Subject to Change

1.6 Event Day Communications

Communications on event day will be provided through a dedicated WhatsApp channel for the event. Riders and spectators are encouraged to follow this channel for all updates in relation to the event including schedule changes.

Riders and spectators can access this channel by clicking on this banner or scanning the QR code.







1.7 Accommodation & Travel

Tyamolum Scout Campsite is located in the suburb of Mt Crosby, 30min/25km west of the Brisbane CBD. Accommodation options are available in the Brisbane CBD, Ipswich or western suburbs such as Indooroopilly, Kenmore or Pullenvale. There are no public transport options for travelling to Mt Crosby.

Camping is available onsite for the duration of the event and is encouraged. To book a campsite, please email the club at kenmorecycleclub@gmail.com with;

- Your Name
- Number of campers
- Email address
- Nights Stay
- Phone Number
- Vehicle Registration

Cost for camping is \$20 per night, you will receive an invoice from Scouts Queensland, for prompt payment and confirmation of the booking. The campsite is accessed via gate 2. When setting up camp, please be mindful of other guests and that the campsite will be used for parking throughout the duration of the event.

1.8 First Aid & Medical

First Aid and medical services will be available on site to all riders and spectators. Medical support will be located in the race village and will be available from the start of official practice to the end of the final race. Both spectators and riders can access medical assistance, however people will be treated in order of medical urgency.

First Aid will be located at set marshal points on track, these will be marked. These points will have communication with medical services in the event village in the case that a higher level of medical support is required on track.

There nearest hospitals are:

- Ipswich Hospital (15km/20min) Chelmsford Ave, Ipswich, Qld 4305
- The Wesley Hospital (20km/30min) 451 Coronation Dr, Auchenflower, Qld 4066 (Private)
- The Mater Hospital (25km/40min) Raymond Terrace, South Brisbane, Qld 4101

1.9 Team Tents

Pit sites will be available in the area indicated on the race village map. There is no charge to set up a pit space, however we ask that you keep your pit space to a maximum of 3 meters long by 3 meters wide to ensure fair access to all riders and spectators who wish to set up a pit site. Positions within the allocated site are on a first come first served basis. If you decide to leave your set up or any belongings in place overnight, you do so at your own risk.





2.0 Race Information

2.1 Race Categories

This event will offer all AusCycling National Series categories indicated as part of the AusCycling National Series as well as supported races. All participants must race in their designated category based on their age as at 31 December 2026.

National Series Categories

| Age Category | Code | Age |
|------------------------|---------|-------|
| Elite Men/Women | ME/WE | >19 |
| Expert Men/Women | MX/WX | 19-29 |
| Under 23 Men/Women | MU/WU | 19-22 |
| Junior Men/Women (U19) | MJ/WJ | 17-18 |
| Under 17 Men/Women | M17/W17 | 15-16 |
| Under 15 Men/Women | M15/W15 | 13-14 |
| Under 13 Men/Women | M13/W13 | 11-12 |
| Masters 1 Men/Women | M1/W1 | 30-34 |
| Masters 2 Men/Women | M2/W2 | 35-39 |
| Masters 3 Men/Women | M3/W3 | 40-44 |
| Masters 4 Men/Women | M4/W4 | 45-49 |
| Masters 5 Men/Women | M5/W5 | 50-54 |
| Masters 6 Men/Women | M6/W6 | 55-59 |
| Masters 7 Men/Women | M7/W7 | 60-64 |
| Masters 8 Men/Women | M8/W8 | 65-69 |
| Masters 9 Men/Women | M9/W9 | 70-74 |
| Masters 10 Men/Women | M10/W10 | 75-79 |

Supported Races (Non-National Series categories)

| Age Category | Code | Age |
|-----------------------------|------|-----|
| U13 Beginner Men/Women | | <13 |
| U15 Participation Men/Women | | <15 |
| E-Bike Men/Women | | 19+ |





2.1.1 Additional Information

- Please note that U23 riders will compete within the Elite category and will not have a separate classification in the series.
- Masters races will be combined for the purposes of racing and scheduling, but individual masters categories will be acknowledged on podiums and awarded prizes/medals.

Participants may qualify for both an Elite ranking and Age-Group ranking for the Series based on the category they compete in each round.

- Masters riders may elect to race in the Elite category for any event however they will only earn Series points in the Elite category from those events where the individual raced in the Elite category. Points accumulated from Masters categories do not count towards Elite Series points.
- Categories may be combined on course for races but will be called up and started as separate waves, in accordance with the AusCycling CX Technical Regulations.
- Note 'Expert' is aimed at those in the 19-29 age group not wanting to race elite. Open can be offered separately by hosts and is a category open to all ages without equipment restrictions but is not acknowledged as a series category.
- Riding up is not permitted in these series events for any Junior age categories.

2.2 Series Equipment Requirements

Where not expressly mentioned below, all equipment requirements will revert to AusCyling Regulations and then to the UCI Equipment Regulations where applicable.

2.3 Rider Safety Equipment

As per the 2025 AusCycling Mountain Bike Technical Regulations (Annexure A), riders must have a helmet meeting AS2063 or equivalent international standard. Equivalent international standards include:

- ANSI Z90.4, SNELL B or N Series
- ASTM F-1447
- CAN/CSA-D113.2-M

- US CPSC standard for bicycle helmets
- European CEN standard EN1078

2.3 Practice & Warm Up

There are four official practice as per the competition schedule. Please refer to the competition schedule for further information regarding official practice times.

Official Practice will be held between the following times:

| Friday 21 st November 2025 | Saturday 22 nd and Sunday 23 rd November 2025 |
|---|---|
| • Practice 1 – 9:00am – 11:30am | • Practice - 7:00am – 8:00am |
| Practice 2 – 12:30pm – 3:00pm | No other practice times will be available on |
| | race days |





2.4 Prizing and Awards

Prizing and awards for this event will include National series medals for all official national series categories (as outlined in the AusCycling XCO National Series Guide).

2.5 Series Points

The points for the Series will be awarded based on the finishing place on each round in accordance with the following tables:

| | FINAL RACE RUN POINTS | | | | | | | | | |
|----------|-----------------------|----------|--------|----------|--------|----------|--------|----------|--------|--|
| Position | Points | Position | Points | Position | Points | Position | Points | Position | Points | |
| 1st | 200 | 11th | 110 | 21st | 90 | 31st | 70 | 41st | 50 | |
| 2nd | 186 | 12th | 108 | 22nd | 88 | 32nd | 68 | 42nd | 48 | |
| 3rd | 176 | 13th | 106 | 23rd | 86 | 33rd | 66 | 43rd | 46 | |
| 4th | 168 | 14th | 104 | 24th | 84 | 34th | 64 | 44th | 44 | |
| 5th | 160 | 15th | 102 | 25th | 82 | 35th | 62 | 45th | 42 | |
| 6th | 152 | 16th | 100 | 26th | 80 | 36th | 60 | 46th | 40 | |
| 7th | 144 | 17th | 98 | 27th | 78 | 37th | 58 | 47th | 38 | |
| 8th | 136 | 18th | 96 | 28th | 76 | 38th | 56 | 48th | 36 | |
| 9th | 124 | 19th | 94 | 29th | 74 | 39th | 54 | 49th | 34 | |
| 10th | 116 | 20th | 92 | 30th | 72 | 40th | 52 | 50th | 32 | |
| | I | L | | I | | I | I | 51st~ | 30 | |
| | | | | | | | | DNF | 20 | |
| | | | | | | | | DNS | 0 | |

2.6 Timing and Results

Live timing will be available at this event. Access to live timing will be provided through a dedicated event WhatsApp Channel (refer to section 1.13 of this guide). Results will also be posted to the AusCycling Results Website





2.7 Start Order

The start order for this event will be developed in accordance with the policy outlined in the 2025 AusCycling XCO National Series – Series Guide. This guide can be viewed <u>here</u>.

Starting order for Round 1 & 2 in all National Series Race Categories will be based on:

Elite, U23 & U19 1. Defending 2025 National series Champion. 2. 2025 AusCycling XCO National Champion 3. 2025 National Series Rankings 4. AusCycling National Champion 5. Top 200 UCI riders by points 6. 2024 National Series rankings 7. Order of Entry Masters 1. 2026 National Series Rankings 2. AusCycling National Champion 3. Top 200 UCI riders by points 4. 2025 National Series rankings 5. Order of Entry J15, J17 2026 National Series Rankings 2. AusCycling National Champion 3. Top 200 UCI riders by points 4. 2025 National Series rankings 5. Order of Entry J13 & Expert 1. 2025 National Series Rankings

Call-up order will not be updated between Rounds of the Series which occur on consecutive days.

2. Order of Entry

2.8 Course Maps

Course maps for Round 1 & 2 will be released the week of the event (commencing Mon 17th Nov 2025) to ensure fairness and racing integrity.





3.0 Applicable Policies and Procedures

3.1 Anti-Doping Testing

3.1.1 Therapeutic Use Exemption

All competitors may be subject to anti-doping testing under AusCycling and Sport Integrity Australia regulations.

Therapeutic Use Exemption (TUE) A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

To find out if you need to complete a TUE in-advance, you can use the <u>SIA TUE in-advance requirements</u> checker

TUE in-advance are typically required for athletes who are;

- A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool
- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships.

If you are currently taking any medication, please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption or by calling 1300 027 23.

3.1.2 Sport Integrity Australia App

Any athlete and official can download the SIA app.

The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.





3.2 Cameras

Cameras are permitted to be used in accordance with Section 1.03.06 of the AusCycling Technical Regulations - General and riders should familiarise themselves with their obligations should they wish to use one.

3.3 AusCycling Policies

The following AusCycling Policies apply to this event.

- Concussion Policy
- Refund Policy
- Event Terms and Conditions
- AusCycling Technical Regulations General
- AusCycling Technical Regulations Mountain Bike
- National Integrity Framework



Fire & Security

Property Services



Essential services for your facilities and infrastructure facilities and infrastructure

1300 233 305 aragroup.com.au



CLEAN SPORT IS YOUR RESPONSIBILITY

SPORT INTEGRITY APP

- Check medications on Global DRO
- Find low risk supplements
- Check if you need a Therapeutic Use Exemption (TUE)
- · Report an issue
- Give feedback or ask a question

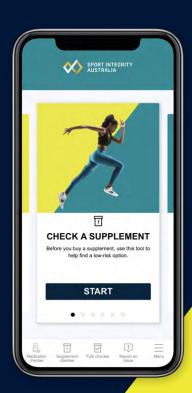
The app also has information on all sport integrity issues, anti-doping rules, testing programs, the health effects of doping, supplement and nutrition advice, overseas travel considerations and more. Just click on the menu icon.



Download the app from the Apple Store and Google Play store here.

ONLINE EDUCATION

- Sport Integrity Australia's eLearning website: <u>elearning.sportintegrity.gov.au</u>
- Visit the site for courses on integrity topics including: Safeguarding Children and Young People in Sport Induction, introduction courses to anti-doping, match-fixing and illicit drugs, along with specific courses for parents and coaches.





Contact Us

Email: education@sportintegrity.gov.au Safe Sport Hotline: 1800 161 361

Enquiries: 1300 027 232 www.sportintegrity.gov.au



ANTI DOPING IS YOUR RESPONSIBILITY



Medications may have banned substances in them. Check all medications on the Sport Integrity app.



All athletes are responsible for what substances they put into their own bodies - they can't blame anyone else, however if a coach has supplied the substance, penalties also apply to the coach.



Supplements are a huge risks. Research shows 1 in 5 contain a banned substance not listed on the label. Find low risk supplements on the Sport Integrity app. If it's not listed, don't risk it.



As a member of your sport, you are bound by an Anti-Doping Policy and potentially subject to investigation.



There are rules that you and your athletes must follow under your sport's Anti-Doping Policy. Details are in the Sport Integrity app menu under 'Know the rules'.



Anti-doping education should not be a 'tick the box' exercise - it should be an ongoing conversation with your athletes.



If you are involved in a team sport, and an athlete tests positive to a banned substance, the team could lose competition points and championship placings.





Learn more about the sample collection process via our Virtual Reality anti-doping test experience. Found in the menu of the Sport Integrity app under 'Tools'.



Breaking the rules could result in a ban of up to four years from ALL sport - no training, no playing, no coaching.

COMPETITION MAKE SURE YOU ARE COMING UP? READY!

1

Download the Sport Integrity App and use it to make your way through the following steps.



2

TAKING A MEDICATION?

Use the 'Check a Medication' tab to access Global DRO to make sure your medication isn't banned in sport.



3

TAKING A BANNED SUBSTANCE FOR MEDICAL PURPOSES?

Use the Therapeutic Use Exemption Checker to see if you need a TUE, and complete the paperwork if required.



4

USING SUPPLEMENTS?

Use the 'Check a Supplement' tab to check the risk of your product. Supplements are the leading cause of inadvertent positive tests in Australia.



5

NEVER BEEN TESTED?

Prepare yourself by going through a virtual reality test on the App. (Search for it under the menu icon)



6

KNOW THE RULES?

A positive test is only one way to be banned from sport. Read up on the 11 Anti-Doping Rule Violations.



7

COMPLETED YOUR EDUCATION?

Access the Sport Integrity Australia online courses by clicking on the Get Educated tab.



8

TRAIN AND COMPETE CLEAN!





CONTACT US

Please visit our website **sportintegrity.gov.au**, contact us at **education@sportintegrity.gov.au**, call our Safe Sport Hotline **1800 161 361**, or enquire **1300 027 232**